

Research in Action Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

Dr. Micky Lee on Balancing Research and Parenting [34:33]

Research in Action - Episode 65

Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

On this episode of the podcast, the guest is Dr. Micky Lee, an Associate Professor of Media Studies and the Program Director of Asian Studies at Suffolk University, Boston. She has published one book, 19 journal articles and numerous essays on feminist political economy; telecommunications, new information and communication technologies; and media, information, and finance.

Segment One [00:00-11:12] - In this segment, Micky shares some of her thoughts on balancing research and being a parent.

Segment Two [11:13-18:28] - In this segment, Micky discusses the support structures and productivity strategies that help her research as a parent.

Segment Three [18:29-34:33] - In this segment, Micky recommends productivity strategies that help her research as a parent.

Bonus Clip #1 [00:00-07:04]: Choosing Long-term Projects as the Parent of a Young Child

Show notes and a transcript for this episode can be found at:

<http://ecampus.oregonstate.edu/research/podcast/e65/>

Learning Outcomes

By listening to this episode, students will be able to:

- Review suggestions for productivity tactics for successful tenure
- Provide an example of a support structure
- Discuss considerations and suggestions for creating a 5-year plan
- Cite resources for creating a 5-year plan

Guiding Questions for Listening

- According to Dr. Lee, how has parenthood affected her academic life and responsibilities?
- What strategies does Dr. Lee share have allowed her to manage some of the challenges encountered as a scholar and a parent?
- What suggestions does Dr. Lee offer for seeking out support structures?
- What are some of the productivity tactics Dr. Lee shares for successful tenure?
- According to Dr. Lee, what appear to be some of the benefits of creating a 5-year plan?
- What are some of the considerations Dr. Lee mentions she has taken into account with a 5-year plan?
- What advice does Dr. Lee offer to those balancing parenthood and tenure?
- According to Dr. Lee, what appear to be some of the structural difficulties in academia?
- What suggestions does Dr. Lee offer for ways to consider and choose long-term projects as the parent of a young child? (see also, Bonus Clip)

Possible Activities

- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e65/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers.
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e65/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode. What would they ask Dr. Micky Lee if they could?

Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2017, June 26). *Dr. Micky Lee on Balancing Research and Parenting* [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e65/>

Notes

About the Research in Action Podcast

“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

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