

“Research in Action” Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

On this episode of the podcast, the guest is Dr. Brad Shuck, an Associate Professor and Program Director of both the Health Professions Education and Human Resources and Organizational Development programs in the School of Medicine and College of Education and Human Development at the University of Louisville. His primary areas of research include the application, meaning, and measurement of employee engagement, emerging areas of positive psychology, and leader development. His research has been featured in refereed journals such as *Leadership and Organizational Studies*, the *Journal of Happiness Studies*, *Human Resource Development Review*, *Human Resource Development Quarterly*, and others. He is routinely cited in US-based international media outlets including Forbes, The Washington Post, and TIME, as well as international outlets including Business World Online and the Hindu Times. Shuck was named the 2016 Early Career Scholar by the Academy of Human Resource Development and has received several awards for his applied research. He is a Commonwealth Scholar and a member of the Honorable Order of Kentucky Colonels and has done extensive work with the United States Army Cadet-Command, Ft. Knox, Kentucky.

Segment One [00:00-13:40] - In this segment, Brad shares about some of his research on engagement at work.

Segment Two [13:41-24:44] - In this segment, Brad discusses some of his research on health in the workplace.

Segment Three [24:45-36:37] - In this segment, Brad discusses the concept of capacity as it relates to effective work.

Bonus Clip [00:00-05:15]: How to Create Highly-engaging Work Environments

Show notes and a transcript for this episode can be found at:

<http://ecampus.oregonstate.edu/research/podcast/e119/>

Learning Outcomes

By listening to this episode, students will be able to:

- Describe engagement at work
- Discuss the importance of engagement of work
- Provide an example of how health and work can intersect
- Review recommendations for encouraging higher levels of engagement at work

Guiding Questions for Listening

- How does Dr. Shuck describe engagement at work?
- According to Dr. Shuck’s research, what are some illustrative examples of engagement at work?
- Why is engagement at work important?
- How does Dr. Shuck define dysfunction at work?
- According to Dr. Shuck, how can work and health intersect?
- What are the six behaviors of compassion?
- What are some of Dr. Shuck’s recommendations for becoming more engaged at work?
- How does Dr. Shuck explain capacity as it relates to work?
- What are some of Dr. Shuck’s recommendations for encouraging higher levels of engagement with employees? (See also, Bonus Clip)

Possible Activities

- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e119/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers.
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e119/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode. What would they ask Dr. Brad Shuck if they could?

Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2018, July 9). *Dr. Brad Shuck on Engagement in the Workplace*. [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e119/>

Notes

About the Research in Action Podcast

“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

Contact

Katie Linder, Ph.D.
Director of Research
Oregon State Ecampus
541-737-4629
kathryn.linder@oregonstate.edu

Creative Commons License



This work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License.