

Research in Action Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

Dr. Katie Linder on Creating a Five-year Research Plan [28:07]

Research in Action - Episode 12

Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

On this episode of the podcast, Dr. Katie Linder, Director of Research for Extended Campus at Oregon State University, talks about strategies for successfully drafting and implementing a five-year plan for your research and writing.

Segment One [00:00-9:58] - In this segment, Katie talks about the challenges of drafting a five-year plan and offers suggestions for how to brainstorm what you might want to include for both your personal and your professional development.

Segment Two [9:59-19:38] - In this segment, Katie discusses how to create SMART (specific, measurable, attainable, relevant, and time-bound) action items associated with the goals in your five-year plan and offers an example of one of her own goals broken down.

Segment Three [19:39-28:07] - In this segment, Katie shares some strategies for how to implement your five-year plan once it's drafted, how often to check-in, and when to make revisions.

Show notes and a transcript for this episode can be found at:
<http://ecampus.oregonstate.edu/research/podcast/episode/12/>

Learning Outcomes

By listening to this episode, students will be able to:

- Describe the purpose of a five-year plan
- Cite resources for drafting a five-year plan
- Review an example of a five-year plan
- List examples of categories to include in a five-year plan
- Discuss methods for identifying action items within goals
- Identify strategies for implementing and tracking goals
- Review suggestions for assessing and revising goals
- Draft a five-year plan
- collaboration from the beginning

Guiding Questions for Listening

- What is a five-year plan and what is its purpose?
- What does Katie Linder say is one of the best ways to ensure that your goals are accomplished and why is flexibility important?
- What are some challenges and considerations when it comes to thinking four to five years ahead?
- What are some of the suggested categories to include in your five-year plan?
- What are some other categories, if any, that you might include if you started creating your own five-year plan?
- If you're having trouble creating a list, what is suggested as a way to “forecast a reasonable amount of change in the next five years”?
- What is the SMART method?
- How can goals be broken down into actionable items?
- Why is it important to “check-in” with your goals on a regular basis?
- What are some ways you currently set goals and is there anything you might do differently as a result of this episode?

Possible Activities

- Have students draft a five-year plan for the research or professional aspirations and share it with you and their peers.
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e12/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e12/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode or the content of the episode's bonus clips. What would they ask Katie Linder if they could?

Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2016, June 20). *Dr. Katie Linder on Creating a Five-year Research Plan* [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e12/>

Notes

About the Research in Action Podcast

“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

Contact

Katie Linder, Ph.D.
Director of Research
Oregon State Ecampus
541-737-4629
kathryn.linder@oregonstate.edu

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