

# “Research in Action” Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

## Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

On this episode of the podcast, the guest is Dr. Sarah Rose Cavanagh, an Associate Professor of Psychology and Associate Director of the D'Amour Center for Teaching Excellence at Assumption College and author of *The Spark of Learning: Energizing the College Classroom with the Science of Emotion*.

*Segment One* [00:00-12:53] - In this segment, Sarah discusses her research on emotions and teaching.

*Segment Two* [12:57-23:52] - In this segment, Sarah shares the process of signing with a literary agent.

*Segment Three* [23:53-35:22] - In this segment, Sarah discusses her most recent research project.

Show notes and a transcript for this episode can be found at:

<http://ecampus.oregonstate.edu/research/podcast/e124/>

## Learning Outcomes

By listening to this episode, students will be able to:

- Explain the purpose of studying the connection between emotions and teaching
- Review examples of emotions that may affect a classroom
- Describe immediacy cues
- Discuss the potential benefits of regulating emotions in a classroom

## Guiding Questions for Listening

- What does Dr. Cavanagh explain are some of the key reasons for focusing on emotions and teaching?
- What does Dr. Cavanagh explain are some of the emotions that affect emotions in the classroom?
- According to Dr. Cavanagh, what are some ways teachers can respond to emotions in a classroom that stem from responses to larger community and national events?
- What are some ways teachers can identify varying emotions?
- What are immediacy cues and how can they impact they classroom?
- What does Dr. Cavanagh share were some of the steps she took for seeking a literary agent?
- What does Dr. Cavanagh share were the some of the outcomes of a research study that focused on regulating emotions in the classroom?

## Possible Activities

- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e124/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers.
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e124/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode. What would they ask Dr. Sarah Rose Cavanagh if they could?

## Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2018, August 13). *Dr. Sarah Rose Cavanagh on Emotions and Teaching*. [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e124/>

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## Notes

## About the Research in Action Podcast

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“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

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