

“Research in Action” Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

On this episode of the podcast, the guest is Dr. Rebecca Thomas, who is currently a postdoctoral scholar for the Ecampus Research Unit at Oregon State University. She recently earned a Ph.D. in Psychology from the University of Texas San Antonio (UTSA), where she successfully defended her dissertation on aggressive behavior in college students’ friends with benefits relationships in July 2018. Prior to UTSA, she earned an M.S. in Instructional Psychology & Technology from Brigham Young University (BYU). She is excited to apply her training and experience in study design, participant recruitment, and dissemination obtained at UTSA in combination with her previous experience on student success at BYU, in her new role as a postdoctoral scholar.

Segment One [00:00-11:25] - In this segment, Becca shares about her experience choosing a dissertation topic.

Segment Two [11:26-22:28] - In this segment, Becca shares productivity strategies for writing a dissertation.

Segment Three [22:29-36:32] - In this segment, Becca shares her plans for disseminating her dissertation results.

Show notes and a transcript for this episode can be found at:

<http://ecampus.oregonstate.edu/research/podcast/e136/>

Learning Outcomes

By listening to this episode, students will be able to:

- Discuss organizational tips for moving a dissertation to completion
- Describe common challenges associated with the dissertation process
- Review suggestions for disseminating a dissertation

Guiding Questions for Listening

- What does Dr. Thomas share led to the selection of her dissertation topic?
- What organizational tips does Dr. Thomas share for moving a dissertation to completion?
- In Dr. Thomas’s experience, what were some helpful support structures that allowed her to remain balanced during the process of her dissertation?
- What does Dr. Thomas explain allowed her to remain accountable during the process of her dissertation?
- What are some of Dr. Thomas’s and Dr. Linder’s suggestions for disseminating a dissertation?
- What are some tips for disseminating a dissertation on social media?

Possible Activities

- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e136/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers.
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e136/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode. What would they ask Dr. Rebecca Thomas if they could?

Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2018, November 5). *Dr. Rebecca Thomas on Dissertation Writing*. [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e136/>

Notes

About the Research in Action Podcast

“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

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