

# Research in Action Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

# Dr. Matt Bergman on Early-Career Research [35:24]

## Research in Action - Episode 40

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### Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

On this episode of the podcast, the guest is Dr. Matt Bergman, an Assistant Professor at the University of Louisville in the College of Education and Human Development. He teaches adult students (25 and older) in the Bachelor of Science in Organizational Leadership and Learning program. Dr. Bergman’s research is focused on factors that impact adult learners in degree completion programs at four-year universities and he recently won a national competition for Innovation in Educational Attainment from the Gheen’s Foundation based upon local implementation of his research. Dr. Bergman has also served in several other capacities at Appalachian State University and Lees-McRae College in Western North Carolina working in Enrollment Management, Athletic Learning Assistance, and Admissions. Prior to his career in Higher Education, Matt played Arena Football in Charleston, SC for a total of three seasons. He received a B.S. in Sports Administration, Physical Education, and Health Education from Union College in Barbourville, KY. He received a Master of Arts in Higher Education Administration from Appalachian State University in Boone, NC and a Ph.D. in Educational Leadership and Organizational Development from the University of Louisville. He is a teacher, administrator, and ambassador of degree attainment at the local, regional, and national levels.

*Segment One* [00:00-11:45] - In this segment, Matt shares about his first three years as a faculty member and how he shaped his research pipeline.

*Segment Two* [11:46-21:33] - In this segment, Matt shares some of his strategies for preparing for a third-year review as part of his tenure clock.

*Segment Three* [21:34-35:24] - In this segment, Matt shares about feelings of "imposter syndrome" and how he stays motivated.

Show notes and a transcript for this episode can be

found at:

<http://ecampus.oregonstate.edu/research/podcast/e40/>

### Learning Outcomes

By listening to this episode, students will be able to:

- Discuss suggestions for building a research pipeline as an early-career researcher
- Review strategies for balancing teaching, research and service obligations
- Describe suggestions for staying motivated and addressing potential challenges as an early-career researcher
- List an example of a mentorship opportunity that could be found inside or outside of an academic institution

### Guiding Questions for Listening

- With regard to building a research pipeline, what is the “three-three-three” advice Dr. Bergman received early on?
- What does Dr. Bergman suggest as a starting place for early-career researchers as a way to begin building a pipeline?
- What strategies does Dr. Bergman offer for balancing teaching preparations with service obligations?
- What does Dr. Bergman mention about service obligations, research and teaching being related?
- What did Dr. Bergman describe as an “empowering” point in his career?
- What suggestions does Dr. Bergman offer in preparing for an upcoming third year review?
- What are some of Dr. Bergman’s suggestions for addressing potential challenges as an early-career researcher?
- What advice does Dr. Bergman share that has allowed him to stay motivated?
- How might a mentor, either inside or outside of an academic institution, be beneficial to an early-career researcher?

## Possible Activities

- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e40/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e40/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode. What would they ask Dr. Matt Bergman if they could?

## Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2017, January 2). *Dr. Matt Bergman on Early-Career Research* [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e38/>

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## Notes

## About the Research in Action Podcast

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“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

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