

# Research in Action Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

# Dr. Monika Raesch, Dr. Frank Rudy Cooper & Dr. Pat Reeve on Writing Groups and the Importance of Self-reflection [35:46]

Research in Action - Episode 45

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## Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

This episode is part two of a two-part episode about researching and writing as administrators. I’m joined by three faculty members from Suffolk University in Boston, MA: Dr. Monika Raesch, associate professor and chair of the Communication and Journalism Department; Dr. Pat Reeve, associate professor and chair of the History Department; and Dr. Frank Rudy Cooper, professor of Law, who until recently was the president’s senior advisor for diversity.

Each of the guests in this episode have recently experienced taking on administrative roles while also trying to maintain their scholarship and research productivity.

*Segment One* [00:00-17:18] - In this segment, Monika, Pat, and Frank discuss their experience of engaging in an academic writing group.

*Segment Two* [17:19-35:46] - In this segment, Pat, Frank and Monika share some concrete examples of their own self-reflective practices.

Show notes and a transcript for this episode can be found at:

<http://ecampus.oregonstate.edu/research/podcast/e45/>

## Learning Outcomes

By listening to this episode, students will be able to:

- Explain the purpose of a writing group
- Review an example of a writing group process
- Discuss potential challenges in writing as an administrative teacher-scholar
- Describe the concept a good practice audit
- Provide an example of a method for self-reflection

## Guiding Questions for Listening

- What writing group process have the guests adopted and found to be successful?
- What incentive does the group use as a way to meet their agreed upon writing times?
- What are some examples of ways each of the guests have experienced a shift in how they approach writing as administrators?
- What does Dr. Raesch point out about “pure writing time”?
- According to Dr. Reeve, what does she explain attributes to the success of their writing group over the past two years?
- What advice does Dr. Reeve offer to administrative teacher-scholars who may be interested form a writing group?
- According to Dr. Cooper, why are in-person check-ins “important for the adaptation of the group”?
- What are the three phases of a good practice audit?
- How has self-reflection affected each of the guests in their roles as teacher-scholars and administrators?
- What is a SWOT analysis?
- According to Dr. Raesch, why does she think self-reflection can never happen in isolation?

## Possible Activities

- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e45/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers.
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e45/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode. What would they ask Dr. Monika Raesch, Dr. Pat Reeve, and/or Dr. Frank Rudy Cooper if they could?

## Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2017, February 6) *Dr. Monika Raesch, Dr. Frank Rudy Cooper @ Dr. Pat Reeve on Writing Groups and the Importance of Self-reflection*. [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e45/>

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## Notes

## About the Research in Action Podcast

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“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

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