

“Research in Action” Podcast Instructor Guide

Use the following episode description, learning objectives, guiding questions and activity suggestions to more easily include “Research in Action” podcast episodes as a supplemental resource for your course.

Dr. Katie Linder on Setting Research Goals [00:00-32:01]

Research in Action - Episode 93

Podcast and Episode Information

“Research in Action” is a weekly podcast about topics and issues related to research in higher education featuring experts across a range of disciplines.

On this episode of the podcast, Dr. Katie Linder, Director of Research at Oregon State University Ecampus, offers some tips and strategies for establishing research goals in the New Year.

Segment One [00:00-10:41] - In this segment, Katie shares some ideas for setting research goals that are both reasonable and challenging.

Segment Two [10:42-20:39] - In this segment, Katie offers some tips for setting yourself up for success with accomplishing your research goals.

Segment Three [20:40-32:01] - In this segment, Katie discusses some strategies for staying accountable to your research goals throughout the year.

Show notes and a transcript for this episode can be found at:

<http://ecampus.oregonstate.edu/research/podcast/e93/>

Learning Outcomes

By listening to this episode, students will be able to:

- Discuss strategies for outlining and setting research goals
- Review recommendations for measuring accomplishments
- Describe strategies for assessing the progress of goals
- Discuss strategies for remaining accountable to goals

Guiding Questions for Listening

- What are some of the initial questions Dr. Linder suggests asking as a way to begin outlining your research goals?
- What example does Dr. Linder provide as a way to distinguish between goals in which you are in control of achieving and goals that may be dependent upon someone else?
- What does Dr. Linder suggest is something one may “always” want to be thinking about when it comes to setting research goals?
- What are some strategies Dr. Linder recommends for measuring accomplishments?
- According to Dr. Linder, how might it be helpful to group research goals into some of the various categories mentioned in this episode?
- What are Dr. Linder’s recommendations for setting one’s self up for success as goals progress?
- According to Dr. Linder, what might be the benefit of mapping goals throughout the year?
- What are some of the recommendations Dr. Linder offers for remaining accountable to goals?

Possible Activities

- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e93/>) and look at an additional resource that is linked in connection with this episode. Students can write a short review of that resource to share with their peers.
- Ask students to visit the show notes for this episode (<http://ecampus.oregonstate.edu/research/podcast/e93/>) and post an additional resource connected to the content of the episode in the comments section.
- Have students share questions that are raised for them based on the content of this episode. What would they ask Dr. Katie Linder if they could?

Suggested Citation (APA, 6th edition)

Linder, K. (Producer/host). (2017, January 8). *Dr. Katie Linder on Setting Research Goals* [Audio podcast]. Retrieved from <http://ecampus.oregonstate.edu/research/podcast/e93/>

Notes

About the Research in Action Podcast

“Research in Action” (RIA) is a podcast about topics and issues related to research in higher education featuring experts across a range of disciplines. Episodes are posted weekly and include guest interviews and occasional solo episodes. Guests are from a range of higher education institutions and share their expertise on qualitative, quantitative and mixed methods as well as their personal experiences as researchers, research and writing practices, organizational and productivity strategies, and much more. Some weeks, bonus content will also be posted.

“Research in Action” is hosted by [Dr. Katie Linder](#), research director for Oregon State University Ecampus.

Visit the podcast website to view [show notes and transcripts for each episode](#), explore our [episode guide](#), learn more about how to [contact us](#), or [suggest a future guest or topic](#).

You may subscribe to the [“Research in Action” RSS feed](#) or access the podcast via [iTunes](#), [Soundcloud](#) or [Stitcher](#).

“Research in Action” is also listed on [MERLOT](#).

The “Research in Action” podcast is a resource funded by Oregon State University Ecampus – ranked top ten in the nation for online education two years running by U.S. News & World Report. OSU Ecampus has more than 45 degree programs and more than 1,000 classes online.

Contact

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